Meal Preparation Programs

These options are available for singles and families.

# 2 week option

* 5 entree selections with side dishes (2 portions) $120/$200 for 2 person's
* HST, delivery and container fee not included.

# 4 week option

* 5 entree selections with side dishes (4 portions) $200/$360 for 2 person's
* HST, delivery and container fee not included.

# Consultation Fee

A one time fee of $50 is required to begin the menu planning process.

# *A deposit of 30% upon accepting the proposed menu.*

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